

OSMOLAX WASHOUT – age 2-5

Osmolax now comes in:

- a tub with small scoops = 8.5g
- a tub with large scoops = 17g
- sachets = 17g

If using the tub, measure out in 'scoops'. If using the sachets, measure out in sachets.

Buy OSMOLAX

Day 1	1 small scoop / ½ a sachet in 50-100ml water, twice a day
Day 2	2 small scoops / 1 sachet in 100-200 ml water, twice a day
Day 3	2 small scoops / 1 sachet in 100-200 ml water, twice a day
Day 4	3 small scoops / 1½ sachets in 150-300ml water, twice a day
Day 5	3 small scoops / 1½ sachets in 150-300ml water, twice a day
Day 6	4 small scoops / 2 sachets in 200-400ml water, twice a day
Day 7	4 small scoops / 2 sachets in 200-400ml water, twice a day

Stop when 5-10 good, loose bowel motions per day

THEN

OSMOLAX

1 to 2 small scoops daily (½ to 1 sachet) as required to keep stools soft

(may need up to 4 small scoops or 2 sachets)